

Weil's Disease

Waterborne diseases, including Weil's Disease (leptospirosis), are extremely rare, but it's sensible to take a few precautions. If you've got any cuts or scratches, keep them covered. If you fall in, take a shower and treat cuts with antiseptic and a sterile dressing. Wash wet clothing before you wear it again. If you develop flu-like symptoms within two weeks, see your doctor and mention that you fell in the water. Not all doctors will know to look for signs of Weil's Disease, so do suggest it as a possibility.